# *IN VITRO* EVALUATION OF THE ANTIOXIDANT PROPERTY AND DPPH RADICAL SCAVENGING KINETIC BEHAVIOR OF ALGERIAN *QUERCUS ROBUR* L. LEAVES' SELECTIVE EXTRACTS

Elhassan Benyagoub<sup>a,b\*</sup>, Nouria Nabbou<sup>b,c</sup>, Miaad K. Alkhudhairy<sup>d</sup> and Amal Dine<sup>c</sup>

(Received 11 October 2021) (Accepted 01 August 2022)

#### ABSTRACT

Today, there is a growing demand for natural antioxidants. The unbalanced production and consumption of reactive oxygen species cause many disorders such as cancer, arteriosclerosis, Alzheimer's disease and aging. For this purpose, the present study was a part of the *in vitro* evaluation of the antioxidant activity of *Quercus robur* L. leaves' selective extracts, namely tannins and saponins groups. The antioxidant activity was evaluated by using two techniques: the DPPH radical scavenging activity method and the ferric reducing antioxidant power method. In addition, a kinetic behavior study of the antiradical activity was established. The obtained results show that tannins and saponins extracts have a significant free radical scavenging activity with IC50 values of 0.128 and 0.145 mg mL<sup>-1</sup>, respectively. Moreover, the kinetic behavior of the scavenging ability of the studied extracts makes it possible to determine the antiradical efficiency, the antiradical power, the percentage of the remaining DPPH free radical, the T<sub>IC50</sub> parameter, the half-reaction time and the equilibrium antiradical reaction time. These results showed that the tested extracts provided a significant antioxidant activity. This plant can keep an important value in pharmacy and herbal medicine, and act as natural agents in food applications.

**Keywords:** *Quercus robur* L. leaves, Antioxidant property, Selective extracts, Free radical

### Abbreviations

Abs: Absorbance, ARE: Antiradical efficiency, ARP: Antiradical power, DPPH: 1, 1-Diphenyl-2-picrylhydrazyl, E: DPPH free radical scavenging effect, FRAP: Ferric ion reducing antioxidant power, IC50: Half-maximal inhibitory concentration, OD: Optical density, ORAC: Oxygen radical absorbance capacity, ROS: Reactive oxygen species, SD: Standard deviation,  $t_{1/2}$  (half-reaction time): The time (in min) required by each antioxidant to decrease the concentration of DPPH to half of its initial concentration,  $T_{1C50}$  or Teq: Time reaches equilibrium at a half-maximal inhibitory concentration IC50, TPTZ: Tripyridyltriazine, TRAP: Total radical antioxidant parameter.

# INTRODUCTION

Antioxidants can be defined as compounds that inhibit or delay the oxidation of other molecules by inhibiting the initiation or spread of oxidative chain reactions<sup>1</sup>. Antioxidants can also protect the human body against free radicals and the effects of reactive oxygen species (ROS). They delay the lipid peroxidation and the progression of many chronic diseases and ailments at the origin of oxidative stress phenomena<sup>2,3</sup>.

Today, natural antioxidants are being widely studied to explore compounds used for protection against some diseases related to oxidative stress and damage induced by free radicals such as cancer, aging, degeneration and neurological disorders, arthritis and cataracts<sup>4</sup>. Therefore, the plant kingdom (*Plantae*) offers a wide range of compounds exhibiting antioxidant activities. Polyphenols such as tannins, flavonoids and phenolic acids have been considered excellent natural antioxidants, and are one of the most diverse phytochemicals distributed in fruits, vegetables and herbs<sup>5</sup>. They are widespread and can be considered as the most abundant plant secondary metabolites, components of medicinal and other plants with diverse structures and magical properties<sup>6,7</sup>.

https://doi.org/10.53879/id.59.11.13218

<sup>&</sup>lt;sup>a</sup> Department of Biology, Mohammed Tahri University of Bechar, Bechar - 08000, Algeria

<sup>&</sup>lt;sup>b</sup> Architecture and Environmental Heritage Laboratory (Archipel), Department of Architecture, Mohammed Tahri University of Bechar, Bechar - 08000, Algeria

<sup>°</sup> Department of Process Engineering, Mohammed Tahri University of Bechar, Bechar - 08000, Algeria

<sup>&</sup>lt;sup>d</sup> Community Health Department, College of Health and Medical Techniques, Al-Furat Al-Awsat Technical University, Kufa, Iraq \*For Correspondence: E-mail: benyagoubelhassan@gmail.com

The Quercus genus (family of Fagaceae) includes over 600 species of evergreen or deciduous trees and shrubs distributed especially in the northern temperate regions and in the tropics' areas where they are generally confined into the high altitudes8. Several studies have shown that oak (Quercus spp) contains high polyphenols content<sup>9-11</sup>. Structurally, phenolic compounds comprise an aromatic ring, carrying one or more hydroxyl substituents, and range from simple molecules to highly complex polymerized compounds<sup>12</sup>. Tannins are polyphenolic antioxidant compounds that act against allergies, ulcers, tumors, platelet aggregation, and cardiovascular diseases and may reduce the risk of cancer<sup>10</sup>. The plant tannins' bioactivity is generally recognized as being largely dependent on their structure and in particular on their degree of polymerization<sup>12</sup>. Otherwise, saponins are increasingly used in medicine as anti-inflammatory, molluscicides, antimicrobials, antispasmodics, antidiabetics, antitumors, antioxidants agents, as well as adjuvants<sup>13-15</sup>, but also in the food and the cosmetic industry as emulsifiers or sweeteners<sup>16</sup>. The vegetal extracts from *Quercus sp* species were found to possess interesting biological activities. On this basis, the current study aims to evaluate the antioxidant activity of the tannins and saponins extract of Q. robur L. leaves collected from the Algerian highlands.

# MATERIALS AND METHODS

All chemicals used for analytical procedures were of analytical grade or of the highest available purity.

# Plant material

The green leaves of all sizes and ages were randomly collected from the *Q. robur* L. in March (2021) from the Mezi mountain located in the Djeneine Bourezg of the Naâma province, Algeria. They were washed and dried at room temperature for one month in a dry and ventilated place. The dried leaves were powdered and stored in a dark and dry place until further use.

# Selective extraction processes

# Defatting process of plant material

This process was carried out by refluxing in hexane in the Soxhlet apparatus to degrease the plant material according to the method described by EI-Hela et al.<sup>17</sup>, and Benyagoub et al<sup>18</sup>.

# **Extraction of selective extracts**

The extraction of selective extracts of *Q. robur* leaves, namely 'tannins and saponins', was carried out

by the methods described by Benyagoub et al<sup>18</sup>; Okwu et al.<sup>19</sup> and Lin et al<sup>20</sup>.

# Evaluation of antioxidant activity

# **DPPH** assay

This assay was based on the principle of reduction of DPPH free radical by accepting a hydrogen atom from the scavenger compound; hence, the color changed from violet to yellow<sup>21</sup>. This method was carried out according to the technique described by Potbhare and Khobragade<sup>22</sup>, and Singh et al<sup>23</sup>. Likewise, the antioxidant activity was measured at 517nm for the positive control (ascorbic acid) at the same concentrations as the selective extracts (0.5; 0.25; 0.125; 0.0625; 0.0312; 0.0156 and 0.0078 mg mL<sup>-1</sup>).

The DPPH free radical scavenging effect (E) or scavenging ability, expressed in (%), was calculated using the following equation<sup>23-25</sup>:

$$E (DPPH \%) = \frac{Abs(Control) - Abs(Sample)}{Abs(Control)} \times 100$$

where,

Abs (Control): the absorbance value of the control reaction

Abs (Sample): the absorbance value in the presence of the tested Q. robur L. extract

The results can also be expressed as follow<sup>24</sup>:

$$ARP = \frac{1}{\text{IC50}}$$

where,

ARP: Antiradical power

IC50: Half-maximal inhibitory concentration

# **FRAP** assay

This assay is often used to measure the antioxidant capacity of foods, beverages, and nutritional supplements containing polyphenols<sup>23</sup>. Ferric reducing antioxidant power assay (FRAP) is based on the reduction of a colorless (Fe<sup>3+</sup> -TPTZ) complex into intense blue (Fe<sup>2+</sup> -TPTZ), once it interacts with a potential antioxidant<sup>26,27</sup>. The antioxidant activity was measured at 700nm for the following selective extract concentrations: 1; 2; 3; 4; and 5 mg mL<sup>-1</sup>. This method was carried out according to the technique described by Gulçin et al<sup>28</sup>, Jadhav and Saudagar<sup>29</sup>.

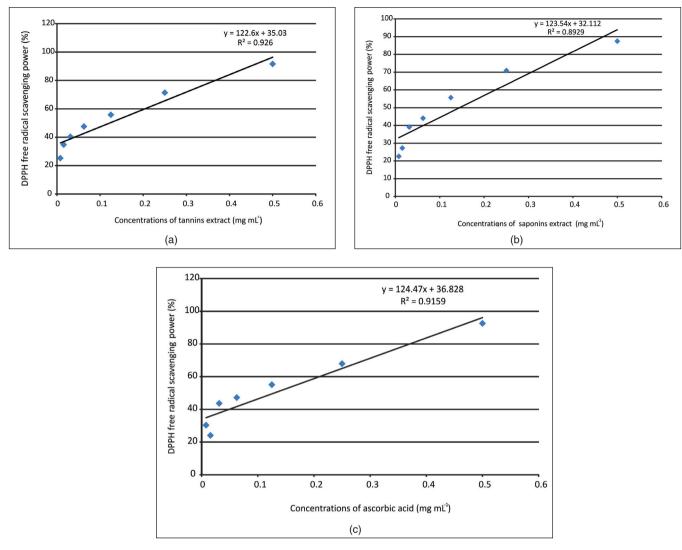


Fig. 1: DPPH free radical scavenging activity of *Q. robur* L. selective extracts (a, b) and ascorbic acid as a positive control (c)

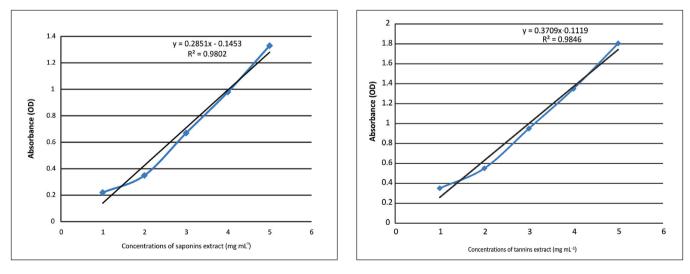


Fig. 2: Ferric-reducing power (FRAP) of Q. robur L. leaves' selective extracts

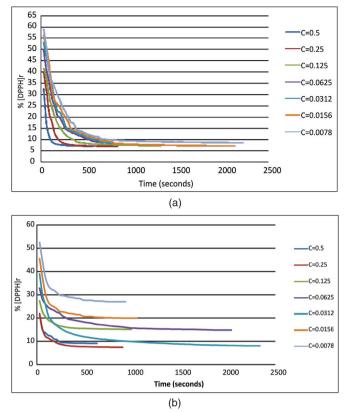


Fig. 3: Graphical illustration of DPPH radical scavenging kinetic behavior of *Q. robur* L. leaves' selective extracts as a function of time

(a): Antiradical power of tannins extract; (b): Antiradical power of saponins extract; C: Concentrations of selective extracts in (mg mL<sup>-1</sup>)

# Table I: Extraction yield and the half-maximal inhibitory concentration values (IC50)

Selective extracts	IC50 (Mean value ± SD) (mg mL <sup>-1</sup> )	Extraction yield (Mean value % ± SD) <sup>18</sup>
Tannins	0.128±0.00282	7.93±0.35
Saponins	0.145±0.00424	16.94±0.76
Ascorbic acid	0.104±0.00565	/

(\*): Positive control; SD: Standard deviation

# DPPH radical scavenging kinetic behavior of *Q. robur* L. leaves' extracts

From a stock solution, different concentrations of vegetal extracts were prepared and used in the kinetic study. Monitoring the kinetic of DPPH free radical scavenging activity was conducted by measuring the absorbance every 30 seconds until the absorbance became constant at the equilibrium time (Teq). Teq parameter makes it possible to classify the free radical scavenging reaction<sup>30</sup>.

The  $T_{IC50}$  time was determined graphically, and both parameters (IC50 and  $T_{IC50}$ ) were used to assess and classify the antiradical efficiency<sup>31,32</sup>

$$ARE = \frac{1}{\text{IC50} \times \text{TIC50}}$$

The DPPH reduction kinetics at different antioxidant concentrations was monitored over time by measuring the absorbance (optical density OD) every 30 seconds until a plateau was reached at the final time. The residual DPPH free radical ([DPPH]r) expressed in (%) was calculated by dividing DPPH's concentration at the equilibrium time (t=Teq) on its initial concentration at (t=0) ([DPPH]r  $\div$  [DPPH] ratio)<sup>33</sup>:

$$\%(\text{DPPH})r = \frac{[\text{DPPH}](t = \text{Teq})}{[\text{DPPH}](t = 0)} \times 100$$

All the other parameters relating to the kinetic behavior of the scavenging ability of the studied extracts were determined graphically.

### Statistical analysis

The experimental results, as well as the plotted graphs, were obtained by using Excel software. IC50 values were also calculated by linear regression analysis. The experimental results were analyzed by the Pearson correlation coefficient ( $R^2$ ).

### RESULTS

#### Selective extraction yield

The yield of selective extraction showed a value of 16.7 and 7.9 % for saponins and tannins extract, respectively, with a rate of fatty residues removal equal to 0.61  $\%^{18}$  (Table I).

### **DPPH** assay

The results of the DPPH free radical scavenging activity are given in Fig. 1 and Table I.

The graph analysis in the current study showed a proportional increase between the DPPH free radical scavenging and the concentrations of the tested extracts, where a straight line of type  $[y=ax_+b]$  was obtained with a linear correlation coefficient R<sup>2</sup> equal to 0.8929; 0.9262 and 0.9159 for saponins, tannins as selective extracts, and the positive control (ascorbic acid), respectively.

Selective extract of <i>Q. robur</i> L. leaves	Concentration (mg mL <sup>-1</sup> )	DPPH in AO g <sup>-1</sup>	% (DPPH) t=Teq	% (DPPH) <sub>r</sub> t=Teq	Teq (minutes)	t <sub>1/2</sub> (minutes)
Tannins extract	0.5	6250	93.00	07	08	0.763
	0.25	3125	92.91	7.09	12	1.243
	0.125	1562.50	92.83	7.17	20	1.676
	0.0625	781.25	92.76	7.24	25	1.693
	0.0312	390	92.68	7.32	30.5	1.772
	0.0156	195	92.60	7.40	32.5	1.801
	0.0078	97.50	91.35	8.65	35	2.129
Saponins extract	0.5	6250	92.60	7.40	09	1.124
	0.25	3125	91.97	8.03	13	01
	0.125	1562.50	90.88	9.12	20	1.20
	0.0625	781.25	85.19	14.81	36.5	1.324
	0.0312	390	84.88	15.12	32	1.816
	0.0156	195	80.05	19.95	12,5	1.617
	0.0078	97.50	72.95	27.05	15	1.601

Table II: DPPH free radical scavenging kinetic behavior of *Q. robur* L. leaves' selective extracts

Table III: Characteristic parameters of the DPPH free radical scavenging kinetics

Selective extracts	IC50 μg AO mL <sup>-1</sup>	T <sub>IC50</sub> (minutes)	ARP	ARE (×10 <sup>-3</sup> )	ARE's classification
Tannins	128	2	0.0078	3.90	Medium
Saponins	145	4.25	0.0069	1.62	Medium

### **FRAP** assay

The reducing potential of tannins and saponins selective extracts determined by the ferric ion reducing antioxidant power assay (FRAP) is illustrated in Fig. 2.

# DPPH radical scavenging kinetic behavior of *Q. robur* L. leaves' extracts

The obtained results of the kinetic behavior of DPPH free radical scavenging are illustrated in Table II and Fig. 3.

Table III shows the DPPH free radical scavenging kinetics behavior results of the tested selective extracts where the tannins extract of *Quercus robur* L. was the most active than the saponins one.

# DISCUSSION

Plants are an inexhaustible source of natural bioactive compounds. Secondary metabolites shall remain the subject of much research *in vivo* and *in vitro*, including the search for new natural constituents such as phenolic compounds for their possible uses as alternatives, especially for the protection against oxidative stress and the treatment of several diseases<sup>34</sup>. For this, the choice fell on tannins and saponins groups as selective extracts due to their pharmacological properties exerted, and the broad-spectrum use of the studied plant in traditional medicine.

The literature has revealed that most research on phenolic compounds of the European and the Asian oak species shows that the following parts: leaves, twigs, galls, and bark have high total phenols content, including tannins, proanthocyanidins, and flavonoids having strong antiradical properties<sup>35-40</sup>. Regarding the obtained extraction yield of selective extracts, the extraction yield depends on many factors, including the emulsion challenge during the liquid-liquid extraction steps and the total aqueous phase exhaustion<sup>24</sup>.

An earlier study was done on the Algerian *Q. robur*L. species, where the qualitative phytochemical screening showed that the leaves part was rich in bioactive phytoconstituents such as alkaloids, anthraquinones,

saponins, tannins and other components<sup>41</sup>. These results corroborate the study carried out by Uddin and Rauf<sup>37</sup> in Pakistan on the Q. robur L. leaves, which shows the presence of bioactive secondary metabolites such as steroids, terpenoids, saponins, tannins, and reducing compounds. According to Raja et al.<sup>5</sup> and Madhu et al.42, this rich amount of phytochemicals can act as a free radical hunter and avoid free radical-mediated oxidation of biological molecules. The best-known antioxidants are  $\beta$ -carotene (provitamin A), ascorbic acid (vitamin C), tocopherol (vitamin E) as well as phenolic compounds. Indeed, most synthetic or natural antioxidants contain hydroxyphenolic groups in their structures, and the antioxidant properties of polyphenols are ascribed in part to the ability of these natural compounds to scavenge the free radicals such as hydroxyl (OH) and superoxides  $(O_2)$  radicals<sup>43-47</sup>.

For the DPPH free radical scavenging assay results, the leaves' selective extracts of the studied plant showed good antiradical activity, in particular, the tannins extract, which seems to be the most active with an IC50 value equal to 0.128 mg mL<sup>-1</sup> compared to the saponins extract (IC50=0.145 mg mL<sup>-1</sup>). The study conducted by Dróżdż and Pyrzynska<sup>11</sup> on the antioxidant activity of hydro-alcoholic extract of *Q. robur* bark collected in Poland, evaluated by the DPPH assay, reported a good antioxidant activity, while the study conducted by Uddin and Rauf, 2012<sup>37</sup> noted a moderate antioxidant power of the hexane, chloroform, ethyl acetate, and methanolic extracts of the oak leaves of Pakistani origin.

It is important to emphasize that many works described in the literature confirms that tannins and saponins extracts have good antioxidant power<sup>14,48-53</sup>. Galiňanes et al.<sup>54</sup> noted a good antioxidant activity (DPPH) of the 2 % Na<sub>2</sub>SO<sub>3</sub> extract and the aqueous extract of the *Q. robur* bark collected in Spain, with an IC50 value equal to 0.063 mg mL<sup>-1</sup> and 0.074 mg mL<sup>-1</sup>, respectively.

Another study was done in Turkey on the *Q*. *coccifera* bark, conducted by Genç et al.<sup>55</sup>, where a high DPPH free radical scavenging power was reported, with IC50 values of 0.04325 mg mL<sup>-1</sup> and 0.06784 mg mL<sup>-1</sup> for the methanolic and the aqueous extracts, respectively.

A study carried out by Rivas-Arreola et al.  $2010^{56}$  on the antioxidant screening of several extracts of *Quercus* species (*Q. resinosa, Q. eduardii* and *Q. sideroxyla*) collected in Mexico. The obtained results showed that the infusion extracts of *Q. resinosa* exhibit good antioxidant activity with an IC50 value of 0.220 mg mL<sup>-1</sup>. According to He et al.<sup>36</sup>, the flavonoids extract of *Q. macrocarpa* leaves collected in China exhibited a stronger DPPH free radical scavenging activity than that of ascorbic acid as a positive control with IC50 varying between 0.0092 mg mL<sup>-1</sup> and 0.0132 mg mL<sup>-1</sup> versus 0.0426 mg mL<sup>-1</sup>, respectively.

However, Valencia-Avilés et al.57 studied the antioxidant activity of the Quercus laurina, Q. crassifolia, and Q. scytophylla barks part collected in Mexico. The results of the free radical scavenging method showed a very high antioxidant activity for methanolic extracts than for the aqueous ones of these species. Also, according to Rivas-Arreola et al.<sup>56</sup>, the FRAP assay results showed that the infusion extract of Q. resinosa leaves exhibits a higher iron-reducing power than that of the Q. eduardii and Q. sideroxyla species, and from these properties, Azmaz et al.40 suggest that the gall and the leaf extracts of Q. infectoria could be used as natural inhibitors in the food industry. Through processing these bibliographic data, it can be noted that the barks and leaves parts of the Quercus species have good antiradical activity.

The kinetic reaction of the antioxidant compound is really important as the free radical has a short half-life and there is structural heterogeneity within phenolic compounds, which results in different properties<sup>21</sup>. According to some studies, the tannins isolated from Q. robur consisted mainly of various gallic and ellagic acid esters of glucose. The structures that were partially determined included: grandinine, roburin E, castalagine, and vescalagin as major compounds as well as gallic acid, valoneic acid dilactone, monogalloyl glucose, digaloyl glucose, trigalloyl glucose, ellagic acid rhamnosides, guercitrin, and ellagic acid<sup>58,59</sup>. A lot of studies indicate that certain plant saponins have strong antioxidant activities. They could, therefore, be potential new antioxidant candidates, which could rely on their free radical scavenging abilities<sup>52,53</sup>.

The phytochemical studies describing the isolation and the characterization of saponins extracted from the *Quercus robur* species have made it possible to isolate the following compounds: 2,3,19-trihydroxyolean-12ene-24,28-dioic acid; 2,3,19-23-tetrahydroxyolean-12-ene-24,28-dioic acid; 28-D-glucopyranosyl-2,3,19trihydroxyolean-12-ene-24,28-dioic acid; and 28-Dglucopyranosyl-2,3,19,23-tetrahydroxyolean-12-ene-24,28-dioic acid<sup>60,61</sup>. These compounds identified from tannins and saponins extracts were known to have broad antioxidant power<sup>62,59</sup>. Thus, we can notice that the tannins extract has higher reducing power than that of the saponins one. Tannins exhibited stronger iron-reducing activity than saponins extract (OD 1.8 vs. 1.33) at a concentration of 5 mg mL<sup>-1</sup>, with a linear correlation coefficient (R<sup>2</sup>=0.98). This difference could be attributed to their ability to release hydrogen atoms, change the free radical to a more stable form, or reduce the rate of auto-oxidation by scavenging initiating radicals as antioxidant mechanisms<sup>63,64</sup>.

# CONCLUSION

In vitro, DPPH, and FRAP methods showed high efficacy in evaluating the antioxidant activity of both tannins and saponins that were extracted from leaves of *Q. robur*. The study's results show that *Q. robur* tannins extract exhibits strong antioxidant activity compared to saponins extract. According to the Teq and ARE's classification results, the kinetic behavior of the DPPH free radical scavenging activity of the selective extracts showed that the tested extracts have a medium kinetic action. These results prove the role of the tested extracts as scavengers of the free radicals and can be used as a source of new antioxidants at a low cost.

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