

1,3,7,8-SUBSTITUTED XANTHINE DERIVATIVES AS POTENTIAL ANTI-ASTHMATIC AGENTS WHICH ACT ON ADENOSINE RECEPTOR

ABSTRACT

Asthma is one of the most common chronic diseases in modern society. There is a high prevalence of usage of complementary medicine for asthma. Xanthine derivatives which act on adenosine receptor have been cited as a most popular complementary treatment. This study was undertaken to determine if there is any evidence for the clinical efficacy of xanthine derivatives for the treatment of asthma symptoms. This review highlights the more recent developments in the design and optimization of xanthine derivatives which act on A_2A and A_2B adenosine receptor. 1,3,8 and 1,3,7,8-substituted xanthine derivatives were found to be effective. 1,3,7,8-Substituted xanthine derivatives possess good affinity on A_2A and A_2B AR and are not selective for one particular receptor. This is beneficial for decreasing the side effects related to CVS.

Keywords: Asthma; Xanthine; Adenosine Receptor.

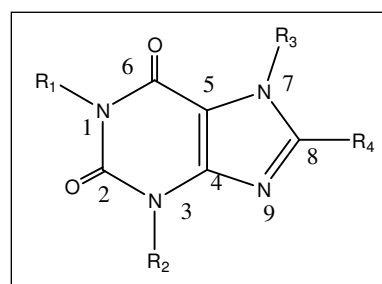
INTRODUCTION

Overview of Xanthine Derivatives and Adenosine Receptors (AR) used in therapy

Adenosine is an endogenous non-selective agonist that activates all four subtypes of adenosine receptors (AdoR): A_1 , A_2A , A_2B and A_3 ¹. Adenosine receptors have been recognized as playing an important role in chronic inflammatory airway conditions such as asthma, chronic obstructive pulmonary disease and fibrosis^{2,3}. Experimental evidence, such as the increase in the adenosine concentration in hypoxia and cellular inflammation in the bronchoalveolar fluids of asthmatics and in plasma (upon contact with allergens), has highlighted the key role that adenosine and its A_2B receptors play in asthma⁴⁻⁶. At least half of the population of the world uses tea-containing xanthine: caffeine, small amount of theophylline and theobromine, prepared from the leaves of *Thea sinensis*. First half of the last century confirmed that methylxanthines share many pharmacological actions and differ only in potency. They are CNS stimulants, predominantly caffeine, while theophylline has some CNS-stimulant properties, and theobromine possess only weak stimulant activity⁷. All these well known drugs are xanthine (2,6-dioxypurine) derivatives, easily chemically transformed to uric acid (2,6,8-trioxypurine). Theophylline is 1,3-dimethyl xanthine, theobromine 3,7-dimethylxanthine and caffeine 1,3,7-trimethyl xanthine⁸.

Biochemical mechanism of action of xanthine derivatives:

The naturally occurring xanthine derivative, caffeine and theophylline, are the classical adenosine receptor antagonists⁹. Adenosine released under conditions of



(General structure of xanthine)

cellular stress as seen in asthmatic airways may bind to one of its four AR. A_1 AR activation has been implicated in several events including bronchoconstriction and mucus hypersecretion. Activation of A_2A AR on the inflammatory cells mostly suppresses oxidative stress and proinflammatory cytokines, and may also inhibit the release of leukotrienes (LTs) and histamine from the mast cells. Activation of A_2B AR leads to the release of LTs, histamine, proinflammatory cytokines and enzymes such as chymase and tryptase. LTs and histamine can directly cause smooth muscle contraction, while other mediators such as cytokines, LTs, tryptase and chymase may be chemoattractants for infiltration of leukocytes into the airway space, leading to airway inflammation. A_3 AR activation may be involved in vasopermeability changes, mucus hypersecretion, elastase and superoxide anion release, and recruitment of eosinophils to the airways¹⁰.

Xanthine derivatives are also therapeutically used as antiparkinson drugs, analeptics, vasodilators, antihypertensives and diuretics. Beside adenosine receptor antagonistic activities, other mechanism of action including inhibition of phosphodiesterases (PDE), Mobilization of the intracellular calcium ions (Ca^{2+}) via cell membrane hyperpolarization also plays a significant

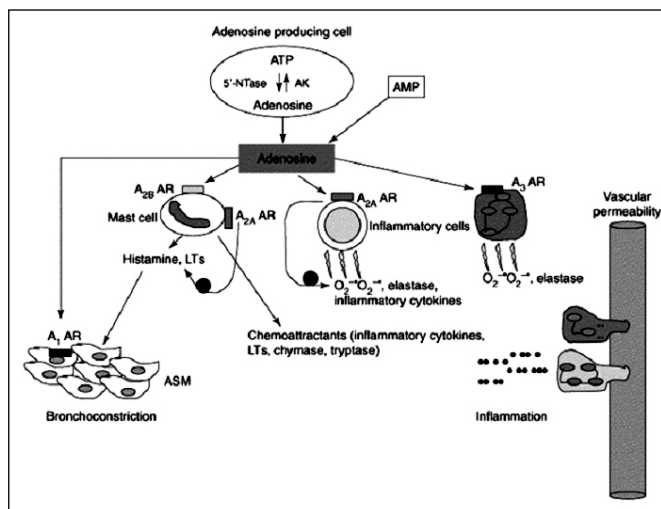


Fig. 1: Mechanism of AR

(⊗ in red denotes inhibition. AK, adenosine kinase; AR, adenosine receptor; ASM, airway smooth muscle; 5'-NTase, 5'-nucleotidase; LTs, leukotrienes; O_2^- , superoxide radical.).

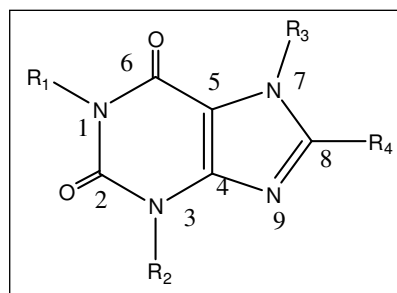
role in their biological activity⁸. Inhibition of enzyme-phosphodiesterase leads to an increase of lipolysis and glycogenolysis as a result of elevated concentration of cAMP¹¹. Inhibition of cyclic nucleotide phosphodiesterase causes accumulation of c-AMP, however an increase of intracellular c-AMP concentration may influence the movement of Ca^{2+} which is involved in smooth muscle contraction with the result that relaxation occurs. Theophylline stimulates the release of catecholamines from the adrenal medulla and also inhibits the enzyme catecholamine-O-methyl transferase (COMT) which contribute to its bronchodilatory effects^{7,8,11}.

1, 3, 7, 8-Substituted xanthine derivatives and their analogues

Extensive studies have been performed on the 1, 3, 7, 8-substituted xanthine derivatives including synthetic procedures and structure determination. In the present study, in an effort to better understand the structure-activity relationships (SAR) of ligands of the A_2A and A_2B AR, we have screened a variety of xanthine derivatives substituted at the 1-, 3-, 7- and 8-positions. It was found that anellation at 1, 3, 7, 8-position of xanthine changed the profile of its AR activity. The pharmacological evaluation of the series of novel xanthine derivatives with 1, 3, 7, 8-substitution generally demonstrated their antiasthmatic effect on AR.

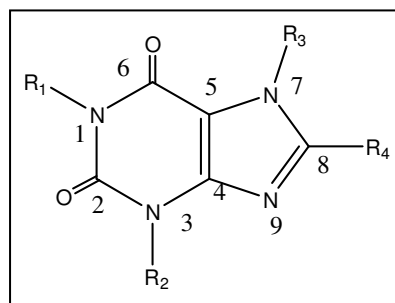
It was found that 1,3,8-substituted xanthine derivatives have good selectivity for A_2B AR but low to moderate affinity on A_2A and A_2B AR. But 1,3,7,8-substituted xanthine derivative have good affinity on A_2A and A_2B

receptors and decreased A_2B / A_2A selectivity¹². Selective activation of A_2A AR could be a possible therapeutic approach for the treatment of asthma, but direct delivery to the lung will be required to circumvent cardiovascular side effects, especially lowering of blood pressure¹³. Selective antagonism of A_2B AR may lead to adverse effects related to cystic fibrosis phenotype and cardiac preconditioning^{14,15}. 1, 3, 8-Substituted xanthine derivative (e.g. 1-ethyl-3,8-bis(thiophen-2-ylmethyl)xanthine) have affinity 5.40 and 6.86 % for A_2A and A_2B AR, respectively and 28.9 A_2B / A_2A , selectively.



R₁ - ethyl
R₂ and R₄ - thiophen-2-ylmethyl

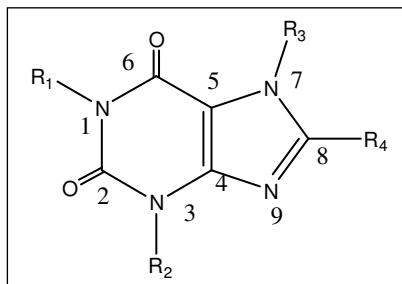
1, 3, 7, 8-substituted xanthine derivatives (e.g. 1-ethyl-3-thiophen-2-ylmethyl-8-furfuryl-7-methyl xanthine) have affinity 6.66 and 7.57% for A_2A and A_2B AR, respectively and 8.1 A_2B / A_2A , selectively¹².



R₁ - ethyl
R₂ - thiophen-2-ylmethyl
R₃ - methyl and R₄ - furfuryl

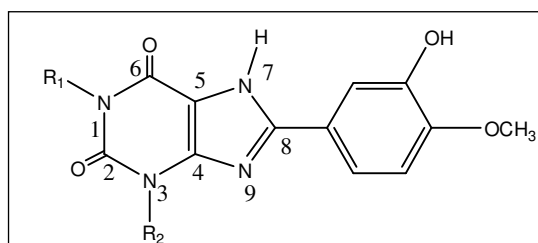
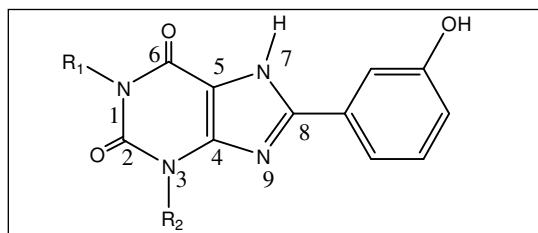
A larger alkyl group at the 1-position than at the 3-position favored affinity at the human A_2B receptor, as indicated by 1-allyl-3-methyl-8-phenylxanthine, with a K_i value of 37 nM. Substitution on the 8-phenyl ring indicated that an electron-rich ring was preferred for A_2B ¹⁶ and A_2A receptor binding¹⁷. Substitution of methyl group on N-7 favour A_2A and A_2B receptor affinity and decreases selectivity for A_2B receptor¹².

Above-described xanthine derivatives, containing 1-allyl-3,7-dimethyl-8-phenyl substitution on xanthine ring were also developed¹⁶.



R_1 – Allyl, R_2 – Methyl
 R_3 – Methyl, R_4 – Phenyl
 K_i for A₂A = 23500 nM
 K_i for A₂B = 11400 nM

8-Phenyltheophylline is the parent member of a variety of potent adenosine receptor antagonists. It has been reported that appropriate substituents on the 8-phenyl ring not only affects the potency and selectivity towards adenosine receptors but also the solubility properties¹⁷. On one side, monosubstituted 8-(p-hydroxyphenyl) xanthine has been chosen as a suitable lead compound to develop as a potent and selective A₂B receptor antagonist¹⁸. The incorporation of polar substituents has been shown to improve the otherwise extremely limited water solubility of 8-phenylxanthines and increase their usefulness as potential therapeutic agents^{17,18}. In view of the above observations, it was decided that substitution of -H on N-7 position and either polar group on benzene ring at meta position on C-8 position of xanthine or this polar group may be present at ortho position of methoxy group on benzene ring on C-8 position of xanthine. All these substituent favour A₂A receptor affinity¹⁹.



In conclusion, new leads for the design of xanthines substituted in the 1-, 3-, 7-, and 8-positions which act on both A₂A and A₂B AR was studied.

Methods

Computerised literature searches were performed to identify all published articles on the subject. The following databases were used: on Science Direct, Pubmed, Elsevier, and Embase. Search terms used were “asthma”, adenosine receptor, xanthine derivative as well as any individual drug name cited in the asthma literature. The bibliographies of all papers thus located were searched for further relevant articles.

All articles were read in full and data. In this review, Immunological studies were not included. This paper concentrated on the adenosine receptor, xanthine derivative, affinity and selectivity of the compound on the AR and decrease the side effect on the basis of SAR.

RESULT

1,3,8 and 1,3,7,8-substituted xanthine derivatives were found. 1,3,7,8-substituted xanthine derivatives are more effective on A₂A and A₂B AR, because, 1,3,8-substituted xanthine derivatives have good selectivity for A₂B AR but low to moderate affinity on A₂A and A₂B AR. But 1,3,7,8-substituted xanthine derivative have good affinity on A₂A and A₂B receptor and decreased A₂B / A₂A selectivity. Selective antagonism of A₂B AR may lead to adverse effects related to cystic fibrosis phenotype and cardiac preconditioning. Therefore, AR was selected as a target as it displays multiple actions i.e. leucotriene antagonism, decrease inflammation, mast cell stabilization and inhibition of release of histamine and 1, 3, 7, 8 substituted xanthine derivatives as a lead compound to decrease the side effect on the basis of structure activity relationship. They have shown the activity on A₂A and A₂B AR with minimum side effects.

CONCLUSION

1,3,8-Substituted xanthine derivatives exhibited good selectivity on A₂B AR but low to moderate affinity on A₂A and A₂B AR. 1,3,7,8-Substituted xanthine derivatives exhibited good affinity on both receptors and were not selective for one particular receptors, particularly those which contained long alkyl chain at N-1 than N-3 position, only methyl group on N-7 position and electron rich ring on 8 position. In conclusion, 1,3,7,8 substituted xanthine derivative possess good affinity on A₂A and A₂B AR and are not selective for particular one receptor. This is beneficial for decreasing the side effects related to CVS. Several 1,3,7,8-substituted xanthine derivatives were compared to 1,3,7-substituted xanthine derivatives. 1,3,7,8-substituted xanthine derivatives gave the characteristic antiasthmatic

property; they have shown activity on A2A and A2B AR with decrease the CVS related side effect.

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